Special Thanks

2016 Conference Planning Committee: Alicia Fautso, Diana Wheaton, Emerald Templeton, Emma Borens, Evelyne Burton, Samantha Ashford, and Sharon Bowles; Jan Boxtein and AAA Travel; Dr. Robert Wubbolding; Dr. Tarrell Portman; presenters and conference attendees; and Carnival Cruise Line.
Conference At A Glance

**August 6**
6:00 PM - 8:00 PM  ARRIVAL
Dinner

**August 7**
8:00 AM - 9:30 AM  Invocation and Message
6:00 PM - 8:00 PM  Dinner

**August 8**
9:00 AM - 9:50 AM  Opening Keynote
10:00 AM - 11:25 AM  Concurrent Session 1
11:30 AM - 12:55 PM  Concurrent Session 2
1:00 PM - 2:25 PM  Concurrent Session 3
2:30 PM - 3:55 PM  Concurrent Session 4
6:00 PM - 8:00 PM  Dinner

**August 9**
8:00 AM - 8:45 AM  Morning Fitness
6:00 PM - 8:00 PM  Dinner

**August 10**
8:00 AM - 8:45 AM  Morning Fitness
3:30 PM - 5:30 PM  Learning Institute
6:00 PM - 8:00 PM  Dinner

**August 11**
8:00 AM - 8:45 AM  Morning Fitness
6:00 PM - 8:00 PM  Dinner

**August 12**
9:00 AM - 9:50 AM  Closing Keynote
10:00 AM - 11:25 AM  Concurrent Session 1
11:30 AM - 12:55 PM  Concurrent Session 2
1:00 PM - 2:25 PM  Concurrent Session 3
2:30 PM - 3:55 PM  Concurrent Session 4
6:00 PM - 8:00 PM  Dinner

**August 13**
DISEMBARKATION
Opening Keynote

Day 3 (9:00-9:50) | Green Conference Room

Dr. Wubbolding is an internationally known teacher, author and practitioner of Reality Therapy. A WDEP System, Reality Therapy applies the principles to individuals, to groups, and to organizations. Central to the effective use of the system is the establishment of a fair, firm, and friendly atmosphere, climate, environment, or relationship.

Notes
Don't Let the Bully Fool You! | Dr. Dianne Logan-Parr | Ivory Club
Bullying behaviors are prominent in every social setting. Research indicates that students begin to display the behaviors early in life but escalates in the middle years and diminishes at the secondary level. What are the characteristics of those involved in the bullies' social circle that create hazardous aggressive behaviors that are implemented to hurt others? What are some interventions that might expose and diminish the behaviors? Educators need to know how to help students develop socially appropriate behaviors to make schools safe for everyone.

Liberating Hidden Voices: A Feminist Action Research Study to Empower Unsheltered Homeless Women | Stacy Speedlin | Ivory Club
Homelessness is prevalent in the United States (Weinreb and Buckner, 1993; Nyamathi, Leake, & Gelberg, 2000). Women are over-represented among homeless families (U.S. Department of Housing and Urban Development, 2010) and are under-represented in society and in homeless studies. Being a woman of color complicates the ability to resolve homelessness. Women of color experience issues such as sexism, lower education, lower earning capacity, less job opportunities, and limited social supports at greater levels compared to their Caucasian counterparts (Belle, 1990). The intersection of being a woman and a person of color, results in double-marginalization (Crenshaw, 1991).
Concurrent Session Two (11:30-12:55)

"But, This is What I NEED!" Communicating Core Needs in Relationships | Heather Tustison | Green Conference Room
All individuals are born with a unique set of relational and intrapersonal needs. When in relationship, these needs tend to adjust - by choice or by default. Every individual has the right and responsibility to meet their needs. Sometimes fear, hurt or sadness keeps individuals from inviting help from others in order to meet individual needs. Healthy relationships have foundation in openness, honesty, respect, and freedom.

"Hairitage: One Sisters’ Struggle between Self-Identity and Self-Preservation | Dr. Noréal Armstrong | Ivory Club
A year after joining the ranks of the Counselor Educator an informal conversation about black hair led to the realization that as a black, female professor, how and what I do with my hair played a role in how I saw and conducted myself. My lived experience shaped my perception of what my hair needed to look like to be perceived as "safe" by those in power and in my cohort; thus, the flower emerged. This presentation will address how my hair journey has been with me throughout my educational journey and its effect on me and those around me.

Concurrent Session Four (2:30-3:55)

Ethical Decision Making | Heather Tustison | Green Conference Room
Ethical decision-making refers to the process of evaluating and choosing among alternatives in a manner consistent with ethical principles. In making ethical decisions, it is necessary to perceive and eliminate unethical options and select the best ethical alternative. ACA revised its Code of Ethics in 2014, and with it revised the preamble as well. This presentation will review the letter, foundation, and spirit of the code along with giving examples of ethical decision making models.
Best Practices for Helping Professionals: Supporting Undocumented Youth in Schools | Saba Mengistab Gebre and Samantha Lee Ashford | Green Conference Club
In the United States, approximately 65,000 undocumented immigrants graduate from high school each year. School counselors are tasked with the role of supporting these students’ academic, career, and social/personal success. By and large, undocumented students face barriers in accessing higher education with limited information, resources, and on-going mental health related issues such as anxiety, depression, PTSD, and Complex PTSD. This roundtable session will be grounded in theories such as Multiculturalism, Feminist, Social Justice, and Narrative Therapy frameworks. Presenters will offer two case vignettes and provide resources, recommendations, and creative tools for helping professionals who serve this population.

Providing College Admissions and Financial Aid Info for Students & Parents | Barbara Holloway | Ivory Club
This presentation will provide counselors, teachers, administrators, students, parents with proven data and tools to establish a caring school wide culture fostering higher education prior to the senior year. Attendees will understand the admissions and financial aid process, learn how to locate resources, host admissions personnel, give student/parent information nights, maintain resource files, maintain student admissions/financial aid/scholarship files, prepare for a district or state end of year report, and establish a location/work space to house resources for students and parents.

Person Centered Theory & Trauma Informed Care in Education: Reframing Educational Experiences in Adolescents at Alternative High Schools Through Trust Building Practices | Alicia Fausto and Samantha Ashford | Green Conference Room
Alternative high schools were established to address the educational and vocational needs of students who had been unsuccessful in the traditional public school setting. Adolescents in alternative schools had some form of trauma that affected their ability to trust educators and progress in the educational system. Therefore facilitators will discuss person centered theory through the lens of trauma and provide a framework to increase the therapeutic alliance by establishing trust. This workshop will provide mental health professionals from various settings with trust building tools and activities to implement with their clients who have experienced trauma.

Eradicating Extreme World Hunger and Poverty: An SOS Call to the Mental Health Community | Dr. Aretha Marbley | Ivory Club
The presenter will use theory, personal narratives, the UN Millennium Development Goals and Sustainable Development Goals to assess past progress and future sustainability, and to shine the spotlight not only on the cycles of poverty, but also, the untapped opportunities to foster social justice advocacy leadership, leverage philanthropy, and eradicate extreme poverty and hunger in our communities, schools, and our world. The workshop will provide an opportunity for mental health professionals to carve out an agenda that culminate with a set of collective actions that addresses the elimination of extreme global poverty and hunger and the residual effects of both.

Navigating the Future: Breaking Barriers Through Counseling
Race Dialogues: Addressing, Affirming, and Accenting Culture and Identity in Counseling | Emerald Templeton | Ivory Club

The American Counseling Association Code of Ethics requires that “Counselors communicate information in ways that are both developmentally and culturally appropriate...In collaboration with clients, counselors consider cultural implications of informed consent procedures and, where possible, counselors adjust their practices accordingly “ (A.2.c.). News and social media outlets have been streaming the devastations of police brutality, mass murders, and terror across the nation and around the world. The concern for systemic oppression and state sanctioned violence against People of Color is grave. The dialogue about race in America is a sensitive but necessary one—especially for the counseling professional. As practitioners, we are responsible for engaging in these difficult conversations in ways that empower, not label, our clients.

Concurrent Session Two (11:30-12:55)

The Struggle is Real: A discussion of the Micro and Macro Invalidation of Professors of Color | Dr. Noréal Armstrong and Dr. Stacy Speedlin | Green Conference Room

As doctoral students of color graduate and transition into Counselor Educator positions the truth of our reality surfaces. We still aren’t fully accepted or treated as equal to our white counterparts. We still have to work twice as hard to get half the respect. This presentation will discuss the microinvalidations that each presenter has experienced, share stories experienced by colleagues, and present information to conduct a research study. We invite participants to a safe space where they can share their experiences in hopes that we can make a change together.

Embracing Difference: Remaining Receptive in Interpersonal and Professional Relationships | Maleyah McCoy and Jasmyne Riley | Ivory Club

This interactive workshop will engage participants in several activities and discussion about cultural sensitivity. With emphasis on communication in both the personal and professional spheres, participants will process what it means to be open and how to engage in a successful interpersonal dialogues across differences.
When Loves Doesn't Conquer All: Interventions for Disruptive Behavior Disorders | James Kling | Green Conference Room
Clients with disruptive behavior disorders are frequently brought to therapy by parents who are desperate for relief from their child's rude and disrespectful responses, however, typically children are not motivated to make changes to their own behavior or thinking. This creates less than ideal circumstances for traditional therapeutic approaches.

Research supports (Kaminski et al., 2008) that disruptive behavioral disorders are responsive to behavioral parent training that focuses on teaching parents skills to effectively address children's behaviors and builds positive parent-child relationships. Using this type of approach allows for effective behavioral change as parents are motivated for change even if their child is not.

Mad Men: Treating African American Males With a History of Trauma | Nikkiya Brooks | Ivory Club
This session will explore the barriers to treatment and counseling for African American males with psychosocial experiences of trauma. Attendees will gain an in-depth knowledge of effective methods of addressing the complex needs of African American males with a history of trauma.
Learning Institute

Day 5 (3:30-5:30) | Green Conference Room

**Reality Therapy in Action: Dealing with People Who Feel Rejected, Oppressed, or Powerless** | Dr. Robert Wubbolding

A brief explanation of the WDEP system of reality therapy will precede the core of this presentation. The presenter will demonstrate practical, empathic, evidence supported interventions that participants can implement immediately on their jobs.

Self-evaluation, the centerpiece of reality therapy, used with a strong basis of compassion, empathy and appreciation for cultural differences constitutes the take away ideas of this proven system of counseling. Participants will role-play clients who perceive that they have little opportunity or control in their lives due to trauma, rejection, oppression or marginalization. The demonstrations will illustrate how to instill hope in clients feeling hopeless.

Participants will be able to:
1. Enumerate 5 types of interventions that focus on self-evaluation.
2. Describe perceived internal locus of control and external locus of control.
3. Analyze the often misunderstood role of empathy and compassion in the use of effective reality therapy.
4. List 2 paradoxical techniques and their ethical guidelines.
5. Explain the principle “the solution often is unconnected with the problem.”

Closing Keynote

Day 7 (9:00-9:50) | Green Conference Room

**Navigating the Future: Breaking Barriers Through Counseling**

Dr. Tarrell Awe Agahe Portman (Ter‘rell awe-E’ ah-ga-hE’ Port‘-man)

Dr. Portman, Dean of the College of Education at Winona state University and President of the Association for Counselor Education and Supervision, carries a deep understanding of teacher education, mental health counseling, multicultural education and educational leadership. Her research centers on the translation of education and counseling theory to practice, particularly multicultural and culturally relevant practices.